



## GOURMET COFFEE

<b>COFFEE</b> .....	<b>\$2.50</b>
Regular or Decaf	
<b>ICED COFFEE</b> .....	<b>\$3</b>
<b>CAFÉ LATTE</b> .....	<b>\$3.50</b>
<b>CAFÉ MOCHA</b> .....	<b>\$3.50</b>
<b>ESPRESSO</b> .....	<b>\$3</b>
<b>CAPPUCCINO</b> .....	<b>\$3</b>
<b>HOT CHOCOLATE</b> .....	<b>\$3.50</b>

## FRESH SMOOTHIES

<b>TROPICAL JUICE</b> .....	<b>\$7.50</b>
Mango, pineapple, banana	
<b>GINGER SPLASH</b> .....	<b>\$7.50</b>
Ginger, mango, spinach	
<b>ANTIOXIDANT</b> .....	<b>\$7.50</b>
Lime juice, mint, cucumber	
<b>VERY BERRY</b> .....	<b>\$7.50</b>
Mixed berries, red beets	
<b>SMOOTHIE OF THE DAY</b> .....	<b>\$7.50</b>

## SANDWICHES & PANINIS

<b>TOMATO &amp; MOZZARELLA PANINI</b> .....	<b>\$7</b>
<b>TURKEY PESTO &amp; GRILLED ZUCCHINI PANINI</b> .....	<b>\$7</b>
<b>ITALIAN PANINI</b> .....	<b>\$7</b>
Salami, pepperoni, mozzarella, provolone and pesto mayo	
<b>BACON &amp; GOUDA SANDWICH</b> .....	<b>\$7</b>
<b>FORT AMSTERDAM CLUB WRAP</b> .....	<b>\$8</b>
Flour tortilla wrap with sliced turkey breast, Gouda cheese, tomato spread and a fried egg	

## BREAKFAST SANDWICHES

<b>BIG BAGEL BREAKFAST</b> .....	<b>\$7</b>
Egg, turkey, ham, bacon and sharp cheddar cheese	
<b>BREAKFAST BURRITO</b> .....	<b>\$6</b>
Sausage, scrambled eggs, Gouda cheese and tomatoes	

## HEALTHY CHOICES

<b>BLUEBERRY YOGURT PARFAIT</b> .....	<b>\$6</b>
<b>HONEY &amp; GRANOLA YOGURT PARFAIT</b> .....	<b>\$6</b>

## SWEET & SAVORY

<b>BAGEL &amp; CREAM CHEESE</b> .....	<b>\$5</b>
<b>QUICHE</b> .....	<b>\$4.50</b>
<b>BLUEBERRY MUFFIN</b> .....	<b>\$2</b>
<b>BANANA MUFFIN</b> .....	<b>\$2</b>
<b>CHOCOLATE MUFFIN</b> .....	<b>\$2</b>
<b>DANISH</b> .....	<b>\$3</b>
<b>1 SCOOP GELATO</b> .....	<b>\$4</b>
<b>2 SCOOPS GELATO</b> .....	<b>\$6</b>

## SALADS

<b>TRADITIONAL CAESAR SALAD</b> .....	<b>\$7</b>
Garlic croutons, Caesar dressing, parmesan, bacon bits and egg	
<b>THAI GRILLED CHICKEN &amp; QUINOA BOWL</b> .....	<b>\$10</b>
Mixed greens, cherry tomatoes, cucumbers, carrots, bean sprouts and orange soy vinaigrette	
<b>COBB SALAD</b> .....	<b>\$8</b>
Mixed greens, turkey, ham, egg, tomatoes, cucumbers, cheddar cheese, olives and red onions	

*All prices include 5% tax*